

STUDIO INCAMMINATI

SCHOOL FOR CONTEMPORARY REALIST ART

Materials List for Palden Hamilton's Painting Class

Choice of materials is a highly personal matter. If you are intermediate to beyond, I recommend bringing the setup that you've established as most comfortable for you (for instance, your watercolor or acrylics), and pick things from this materials list that you don't currently have to add to your tool kit. For those who haven't standardized their materials, this is a solid, time-tested and effective collection of materials that I've compiled from observing many artists' kits. These materials will be of use in all of your future painting endeavors, in any genre.

Paint:

Brands I recommend are Winsor and Newton Artist Grade (not Winton: their student grade!), Gamblin, or really any middle-priced brand like Rembrandt, Utrecht, etc... Just don't skimp by getting bargain barrel paint brands, as many are useless!

- -Titanium white (and optionally: flake/lead white or lead white replacement can be helpful, if you respect that they are very poisonous)
 - -Cadmium yellow light
 - -Cadmium red light or cadmium scarlet
 - -Permanent Rose
 - -Alizarin crimson permanent (more archival than regular alizarin crimson)
 - -Indian Yellow
 - -Yellow ochre
 - -Raw umber
 - -Burnt umber
 - -Terre verte
 - -Viridian
 - -Sap green
 - -Pthalo blue
 - -Ultramarine blue (cobalt blue is unnecessarily expensive)
 - -Ivory black
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- Optional:
 - -cadmium orange
 - -turquoise or teal

Brushes:

Brushes is an expansive topic, and very individual from artist to artist. I generally recommend having a variety of tools in one's toolkit. When working on canvas, bristle brushes (those made from hog hair) are my go-to workhorses, and when working on panel, I often bypass bristles and go straight to synthetics and sables. I like to have all manner of tool available to help indicate the myriad textures and edges one encounters in nature.

- Bristle brushes: a variety of flats and filberts, ranging in size from 2 - 7 (Robert Simmons is a dependable brand)
- Sables, just a couple for blending and detail
- One fan brush (optional for blending)
- I use a variety of synthetic brushes, a lot of which were found through experimentation. These include Princeton's Monarch synthetic brushes, synthetic sables, even cheap craft brushes (small round brushes (riggers, for instance) are great for detail) and even house painting brushes can give wonderful texture when needed. Experiment to discover your own ideal brush selection.

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- At least two trowel-shaped or diamond-shaped palette knives

Mediums:

- Turpenoid or gamsol (NOT "turpenoid natural")
- Stand oil mixed in 1/3 ratio with turpenoid or gamsol (optional)
- A more viscous medium, such as Neomegilp, Liquin, galkyd, or Flemish Medium (Maroger)

Palette:

EITHER:

- Any kind of plein air set-up you have that comes with a plexiglass or glass palette
- Disposable wax paper palette (grey is better than white)
- Wooden, hand-held (if raw wood, polyurethane or buff with a couple coats of linseed oil)

Surface:

Canvas, canvas board, or panel (wood, MDF, hardboard, etc...) properly gessoed, in the range of 8x10", 9x12", 12x16

Surface is another rich subject.

Panel: I recently have enjoyed working on panel, as it's easy to pack and stack. These days, stores and suppliers make many good pre-prepared surfaces, gessoed boards and board-mounted canvas. I make my own by gessoing boards (MDF, .5" birch plywood, dibond panels, etc...) by applying three coats of good-quality acrylic gesso with a foam roller, and sanding between coats. In any case, it helps if the surface has at least a small amount of texture or absorption to grab the paint, otherwise it will be harder on a panel that is too slick and smooth.

Canvas: Any canvas or linen, stretched or mounted on panel. If you get cheap canvases from an art or craft store, know that they are probably not terribly archival and will need an extra coat or two of gesso (so that they are not too absorbent).

Other Stuff, some optional:

- Paper towels. "Viva" brand or shop towels are nice heavy weight paper towels.
- Camera Phone
- Sketchbook
- Masterson palette box
- Metal or glass container for solvent